



The Portland Hospital
for Women and Children

MIDWIFE LED CARE OPEN DAY

FOR PARENTS PLANNING THEIR SECOND OR SUBSEQUENT BABY



Sunday 6th November 2011 - 10:30am to 4:30pm
205-209 Great Portland Street, London W1W 5AH

The Portland Hospital offers private Midwife Led Care in London for parents expecting their second or subsequent baby. The Midwife Led Care package is available for mothers who have previously given birth with uncomplicated pregnancies and are planning a normal, low risk, singleton delivery.

Visitors to the Midwife Led Care Open Day can:

- Listen to 'Midwifery Care at the Portland' presentations at 11am, 2pm or 4pm
- Tour the hospital facilities including delivery suites and postnatal bedrooms
- Meet the Midwife Led Care delivery team for free one-to-one advice
- Preview ultrasound 3D/4D scans
- Enjoy a complimentary massage or reflexology treatment*
- Obtain advice on antenatal classes and postnatal exercise
- Discuss breastfeeding techniques
- Take a free 'Family or Bump Photo' courtesy of Imagethirst Photographers*
- Collect a special goodie bag worth over £50!*
- Enjoy refreshments available throughout the day

* Subject to availability

EVENT IS OPEN TO PARENTS EXPECTING THEIR SECOND OR SUBSEQUENT BABY
Free Pre-Registration – Book online today at www.theportlandhospital.com (numbers are limited)

For first time births at The Portland Hospital please contact our Maternity Services Advisor to find out about Consultant Led Care options.

Maternity Services Advisor 020 7390 6068
info@portland.hcahealthcare.co.uk www.theportlandhospital.com