



The Portland Hospital
for Women and Children

Preparation for Upper Gastro-Intestinal Endoscopy

An Information Sheet For Parents and Children

On the day of your child's admission for the endoscopy your child may not have anything to eat or drink from 4 am except for small amounts of water. Please come to the hospital at approximately 06.30 to 07.00.

Prior to the general anaesthetic some local anaesthetic cream will be applied to one or both hands so that insertion of a cannula will be relatively painless. The procedure will take approximately 15 minutes and your child will recover from the general anaesthetic very quickly following the procedure.

Once your child has eaten and drunk something and the nursing staff are happy with them they will be allowed home (usually in the early afternoon).

Contact

Children's Outpatient Department
The Portland Hospital
234 Great Portland Street
London
W1W 5QT
Tel: 020 7390 8311 / 8312

Disclaimer

Whilst this leaflet aims to provide you with useful advice and information it must be noted that it should only act as a guideline. Should you have any further concerns about this procedure, it is advisable that you discuss it with your Consultant.