



Laser to Cervix or LLetz

Introduction

Laser treatment is a method of destroying abnormal tissue by heat, this means taking away the abnormal area on the neck of the womb with a 95% chance of cure. Treatment can be carried out as an Outpatients with a local anaesthetic or occasionally, as on an Inpatient basis under light general anaesthetic. Should you be admitted to the hospital for laser treatment, the following is for your information.

Preparing for your Operation

Your Consultant will advise you when to stop eating and drinking. You will be admitted and your operation explained by one of the Nursing staff. In most cases you only need to stay for a few hours after your operation. You will see your Consultant who will get your consent for the operation.

After your Operation

You will wake up in the recovery room, where your blood pressure and pulse are recorded regularly. You will then be transferred back to your room where you will be observed as necessary.

You may start to drink water and if you do not feel sick you may eat.

You may have some vaginal bleeding and your Nurse will check this. You should not hesitate to contact your Nurse at any time, should have any problems.

Before you go home you must have had something to eat and drink and pass urine.

Your Consultant will advise you regarding a follow up appointment.

Discharge Advice

We advise you arrange to be collected from the hospital. Your nurse will advise you prior to your discharge from hospital.

Only sanitary pads and not tampons for vaginal bleeding. This may not start for a few days and may last as long as two weeks. The bleeding may be anything from slight spotting to a heavy flow, like a period. If you soak a pad in less than two hours please contact your Consultant, or the ward.

A brownish, yellow discharge is normal for six weeks.

Avoid intercourse for four to six weeks.

Avoid severe exercise for two weeks.

Shower rather than bathe for a few days.

Contact

If you have any problems either contact the ward anytime on 020 7390 8180 / 02 or your Consultants Secretary between Monday and Friday from 9am to 5pm.

Disclaimer

Whilst this leaflet aims to provide you with useful advice and information, it should be noted that it should only act as a guideline. Should you have any further concerns about this procedure, it is advisable that you discuss it with your Consultant.

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